

**Alina Frank, Matrix Energetics Practitioner
Agreement of Intentionality**

Alina agrees to lovingly provide

- **One Hour Session** – A session runs between 45 minutes to an hour. This is determined by when we both feel we are complete. You can bring an issue as general or as specific as you would like although sometimes something entirely different will present itself.
- **Email Interaction** – You are free to send me an email explaining what you want to see me for. Often the shifts and transformation will begin once we have our very first exchange by email.
- **Focused Intent** – I enter each session fully attuned, centered, and bring my knowledge base and experience to each and every client. Being fully present allows the work to flow through me and not by me which creates and allows for the state where I can access higher consciousness that can direct our time together for your highest good.
- **Confidentiality** - Each session will be held in the strictest confidence.

Clients agree to

- **Not ask Alina to diagnose medical conditions or give medical advice.**
- **Be forthright and honest when communicating. Most of what happens in a session is from the rapport and connection between us. You control the session at all times. If anything feels strange or uncomfortable we will change the direction of the session.**
- **Pay \$85 for Alina's services with a check or cash at the conclusion of live sessions or at least 20 minutes before a webcam / phone session using the online statement I send you the night before.**
- **Notice the changes as this will engage your reticular activation system. For whatever reason my sessions seem to work in a time release manner and many clients report success and changes days and weeks afterwards.**

Please bring a glass of water with you on the call and use a speaker or headset if you have one. The number to call is 360.221.2120. My Skype name is Islandgirl98260

Signature: _____*

Date: _____

Phone or Email: _____

***A verbal agreement on the terms set forth in this contract is all that is required before a phone/webcam session begins**