

TAPPING INTO
HEALTH, WEALTH, AND FREEDOM
ALINA FRANK, CERTIFIED EFT & MATRIX ENERGETICS PRACTITIONER



Emotional Display Rules

One of the most destructive things we can do is not be connected to our emotions. Learn how this conditioned response becomes the "norm" and what you can do to regain that critical connection.

[Read the rest of the article here](#)

Last call for the The Washington EFT Tappers Gathering Don't miss this historic event 1st [Washington EFT Tappers Gathering](#).



February 21st for 10 days online Free Tapping Summit

Listen from your computer as 20 EFT experts share their knowledge for 10 days straight. No obligation for signing up and you may be removed from their email list at any time. Check it out.

[To register please click here](#)



March 12 and 13th Level I and March 19 and 20th Level 2 - Seattle [Click here to register](#)

April 2 and 3rd Level 1 and April 9 and 10th Level 2 - Aventura, Florida [Click here to register](#)

If you have reviewed the EFT Universe website and still have questions regarding the next steps towards certification please contact Lisa Bacon through lisa@EFTUniverse.com

This Month's Issue

Emotional Display Rules

Washington Tappers Gathering! Don't miss this historic event

EFT Certifying Workshops now open for registration

If you missed my live presentation on Matrix Reimprinting you can listen to it here

From Past Issues:

Top 5 Reasons Why You Aren't Getting Results With Your Own Tapping



For a free 15 minute consult please email [here](#)

Upcoming Live Events

Women's Borrowing Benefits Group continues in Seattle at East West Books from 7-8:30pm. Every 4th Thursday. For details and to RSVP through MeetUp [site here](#)

Women in Transition on Whidbey Meetup on Whidbey every 3rd Friday 11-12:30pm RSVP [here](#)