

TAPPING INTO
HEALTH, WEALTH, AND FREEDOM
ALINA FRANK, CERTIFIED EFT & MATRIX ENERGETICS PRACTITIONER



Money Archetype #8 - The Saver

Do you find yourself saving over 20% of your income per year? Do your friends and co-workers refer to you as penny pinching or frugal? Do you spend less than 3% a year on having fun or contributing to charitable organizations? If this sounds like you then you may be a Saver. That's good, right? Aren't we all supposed to be savers? Well, if it impedes your ...

[Continue article and tapping script along with the rest of the archetypes by clicking here](#)

What Are You Really Saying?

The following was a conversation between a student and his guru:

Student: I want more abundance and understanding of the Law of Attraction

Guru: Most of your blocks are about the fear you have right now. You feel lack regarding what you desire. If you wallow instead in the Absolute Abundance of your current life the more you resonate with abundance and this will open up the door to having what you really want.

Student: I know all this but still feel lack.

Guru: When you say, "Yes, I know the theory but..." what you are really saying is, "I get caught up in the fear and forget the truth"

When you fully align your soul, ego, beliefs, actions, thoughts, feelings, and emotions, manifesting is a breeze. The fastest most effective way to do this? EFT



We're Ready! Manifestation Wheel Teleclass

We wanted to offer this teleclass sooner but we were so busy with our new manifestations that we had to postpone! The Manifestation Wheel is a process which combines quantum physics, EFT, the Native American Medicine Wheel, and the Law of Attraction. Learn the role the soul and ego have in your manifestations, how to uncover blocks, and have the ability to pull out this road map whenever you want to change anything in your life. 1st introductory call is on October 20th at 6 pm Pac - [click here to listen](#). Classes will be held on Tuesday evenings. Tuition includes tapping, homework, handouts, and class materials.

[For more information about how we are uniquely qualified to teach this course and to register for the course click here](#)



EFT Seattle Examiner and Seattle EFT Workshops

I was recently hired to write for the Examiner with the title EFT Seattle Examiner. There will be weekly articles on EFT along with local and regional EFT news. If you are interested in receiving these articles please subscribe by clicking on the logo to the left.

This Month's Issue

Money Archetype #8

More EFT Resources

[Love Tap explores the relationship we have with our pets with Animaleze Creator Suzanne Peach 10/06/10 at 10 am Pac](#)

[Special Introductory Manifestation Wheel on Love Tap 10/20/10 at 6pm Pac](#)

[Manifestation Wheel Teleclass series begins 10/26/10 for 4 weeks. For details click here](#)

[EFT British Columbia Tappers Gathering](#)

Upcoming Issue:

Brain on EFT

Maori Circle

"You have changed my life!
God bless EFT and you!"
J.C, Minnesota

If you are interested in becoming an Examiner writer you can submit your application and writing sample. Don't forget to tell them Alina Frank sent you as this is also one of the ways I (and you) can receive remuneration.

Save the date: Feb 26th all day at East West Books in Seattle for the 1st annual Washington State Tappers Gathering. If you want to become a presenter, please send me an [email](#). I am looking to create community and feature some of the amazing EFTers we have in the state. Formal announcement will be made later this month.

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EFT practitioner 20
consecutive months**

For free 15 min
consultation please [click
here](#)



Upcoming Live Events

Join Annabel Fisher, Paul Zelizer, Dr. Craig and me in British Columbia October 2nd for the **1st Canadian Tappers Gathering**. Learn, network, and build an ever expanding community with us <http://efthealingcentre.com/eftgathering/index.php>. Second bonus day will include marketing your healing practice, boundaries and your bottom line, and confidence building all through EFT.

Women's' Borrowing Benefits Group continues in Seattle at East West Books from 7-8:30pm We are trying to have this ongoing group meet every 4th Thursday. Drop-ins welcome. Must RSVP through MeetUp [site here](#)

Women in Transition Whidbey Meetup resumes October 15th 11-12:30pm RSVP [here](#)

Calming the Static: **EFT for ADD/ADHD** Whidbey General Hospital October 23rd Please [register here](#)

Annabel Fisher and I will be offering a special mentoring group for practitioners desiring a wait list practice. Clear blocks, masterfully navigate the world of internet marketing, use authentic marketing practice, establishing your niche and much much more. Twice month teleconferences, experts from difference marketing specialties, and our mentoring. Please [email me](#) if you are interested in receiving information about this program.

November EFT Training in Seattle Details Coming Soon
January Manifestation Wheel Workshop in Portland
February EFT Training in Sarasota Florida Specific dates and location to be announced in November