

TAPPING INTO HEALTH, WEALTH, AND FREEDOM ALINA FRANK, CERTIFIED EFT & MATRIX ENERGETICS PRACTITIONER



Carl Jung wrote extensively about archetypes and the way they carry potential and specific energy. He viewed them as a central access point for experiencing our psyches. The use of archetypal images creates a bridge between the realm of the physical and our imaginations. I pay close attention when they show up in a Matrix session and trust that if I suddenly see a figure of the cross in front of me (or any other symbol for that matter) it will be of significance in my client's healing. In EFT sessions I often ask clients to visualize what is going on in part of the body they feel discomfort. The images are always powerful and extremely helpful.

Take this Jungian Archetype test for yourself and read about one of my case studies using archetypes here



One of the metaphors that Robert Scheinfeld uses that really resonates for me is that of the demolition of a building. This building took years to construct. The idea first formed in someone's mind. The architects, designers, engineers took the idea further. The site was prepared, the foundation was laid, and then floor by laborious floor the building grew.

Imagine all the energy and materials used to create this skyscraper.

For a moment imagine that this is how your beliefs about money are formed. Layer upon layer you developed a construct of what money is and what you can and can't do with it. You believe that you can't change your situation, that you can't do better than your peers/family/neighbors, or that you can't make a good living doing work that you enjoy. You limit yourself because of those beliefs that seem so real, so solid. Who you are really is far greater than you can even imagine.

The building of your beliefs has the potential of collapsing as quickly as this building by adding some detonation along the right places in the structure. Back by popular demand (at least for this month) I have my one minute tune up audio on money back on my site.

[To tap along click here >](#)



Thank you listening and downloading my first show. Your support made our EFT radio show the most popular network in the self help category on Blog Talk! Join me on April 7th at 10 am Pacific when I chat with Enneagram expert Sarah Walston about the importance of knowing your type as well as your partners. Listen from your computer, call in live, participate in the chat room, or download it to your iPod. I received some feedback that it's harder to hear the player on your computer if you use Mozilla as a browser so use Internet Explorer instead.

[EFT Radio Website >](#)

More EFT

Each week I continue to add great archived EFT articles to my site. I have just added a link to a site that contains all of the emofree articles translated into Spanish! Fantastico!

[EFT Articles here >](#)

Movie Screening, Demos, Workshops, Classes

Beyond Belief Documentary will be screened on April 20th at 6pm at the Chiropractic Zone. This new film features interviews with Dr. Bruce Lipton, Julia Cameron, and others along with tools for accessing the power of the

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[Love Tap Radio with Enneagram expert](#)

[New Documentary w/ teachers from What the Bleep and the Secret features EFT!](#)

Mid month:

[The Irrefutable Connection Between Emotions and Your Wallet](#)

QUICK LINKS

[Schedule a 15 minute consultation with Alina](#)

[EFT Level 1 & 2 Workshops. New Workshop in DC Metro Area. Demos](#)

subconscious mind through EFT and other modalities. To view the trailer or purchase your own DVD [click here](#)

**Exclusive for my readers!** You will enjoy a 30% discount off the workbook, CDs, and DVD of this movie for the next 7 days by using this special code: **ALINAFRANK331**

#### **EFT workshops**

- **Dr. Craig Weiner and I are happy to announce our EFT Level 1 and 2 Bootcamp in the DC Metro area June 18-20th. It's already filling up so please make you hold your space by [registering here](#). 10% off if you bring a friend.**

- **Level 1 May 16. South Whidbey at the Sears House in Bayview, WA. [To register click here](#)**

**Private mentorship program will still be available for a few students each month. To see details [click here](#)**

**Free Demo at Oak Harbor Library on 4/14 at 6 pm**

**Ongoing Women's Groups in Seattle (new day of week and time) and Whidbey Island. Bring your challenges! Newbies welcome. For the Seattle Group [click here](#). For the Whidbey Island Group [click here](#).**

