

TAPPING INTO HEALTH, WEALTH, AND FREEDOM ALINA FRANK, CERTIFIED EFT & MATRIX ENERGETICS PRACTITIONER



"Courage! What makes a king out of a slave? Courage! What makes the flag on the mast to wave? Courage! What makes the elephant charge his tusk in the misty mist, or the dusky dusk? What makes the muskrat guard his musk? Courage! What makes the sphinx the seventh wonder? Courage! What makes the dawn come up like thunder? Courage! What makes the Hottentot so hot? What puts the "ape" in apricot? What have they got that I ain't got?"-The Lion in the Wizard of Oz.

The most courageous act of self love is to deeply examine and assess one's life. This seems simple yet if I asked you to shine a bright spotlight on your relationships, your health, your financial status, or your spiritual connection, would you be forthright and honest?

[Read Article >](#)

Combining EFT with Logosynthesis



One of the things I most love about EFT is the ease in which you can apply other tools to it and make it different and unique. The common denominator being EFT thereby ensuring your new fangled process will succeed. Keeping track of how you feel before and after will confirm whether you're making progress or not. For the last month I have been exploring a system developed by Willem Lammers called Logosynthesis which I have been combining with EFT.

[Tapping script and the rest of the article here >](#)

If you missed my interview on Valentine's Day you can still access it here

[EFT WorldWebsite >](#)

EFT Articles

I continue to add articles of interest to my data base. Check them out here

[EFT Articles here >](#)

Announcements, Workshops , Women's Group

EFT workshops

NEW! Dr. Craig Weiner and I are happy to announce our EFT Level 1 and 2 Bootcamp in the DC Metro area June 18-20th. It's already filling up so please make you hold your space by [registering here](#). 10% off if you bring a friend.

Level 1 March 6 and April 11. Both on South Whidbey at the Sears House in Bayview. [To register click here](#)

Level 2 March 20th-21st at East West Books in Seattle. This 2 day event will focus on EFT with an emphasis on chronic illness and pain. Register by calling (206) 523-3726.

I will soon be announcing an alliance with an impressive group of master practitioners who will be offering training and mentoring online. For now my private mentorship program will still be available for a few students each month. To see details [click here](#)

Look for the launch of my new radio podcast show - [Love Tap with Alina](#). Listen to recordings, download from iTunes, or listen live and call in to

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[Courage to Examine Your Life](#)

[EFT and Logosynthesis](#)

QUICK LINKS

[Schedule a 15 minute consultation with Alina](#)

[EFT Level 1 & 2 Workshops, New Workshop in DC Metro Area, Demos, and NEW Radio Podcast](#)

volunteer! Details in next newsletter

Rated #1 EFT Practitioner 10 months in a row! Thank you for all your testimonials on Tapping International.com

Free Demo at Oak Harbor Library on 4/14 at 6 pm

Ongoing Women's Groups in Seattle and Whidbey Island. Bring your challenges! Newbies welcome. For the Seattle Group [click here](#). For the Whidbey Island Group [click here](#).

After 4 years of doing this on my own I decided that my list has grown too large to manage myself. I spent considerable time researching which service to use and found that iContact is by far the best. Click on the link on the bottom right corner to try it free.

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