

TAPPING INTO
HEALTH, WEALTH, AND FREEDOM
ALINA FRANK, CERTIFIED EFT & MATRIX ENERGETICS PRACTITIONER



Spontaneous Remission and the 4 Pillars

Dr. Joe Dispenza, DC interviewed over 170 people from around the world who had baffled their physicians by going into spontaneous remission. His curiosity about healing and the brain led him to discover what these people had in common which he then titled the 4 pillars of health. His findings fit the description for the clients I have worked with that have used EFT or Matrix to completely recover from a life threatening or at least life altering condition. In this article I'll share ways to achieve these pillars with some tapping.

[For the full article and tapping suggestions click here](#)



The Maori Circle

At this time of the year many of take stock and reflect on what transpired, what wants to change, what is our work in the world at this time, and where we need to surrender and let go. The Maori tribe of New Zealand have a custom of using the Maori Circle exercise once a year. Typically a medicine person would take you to the beach with a stick and have you draw images in the sand. The images would then be interpreted by the medicine person to give you insights into your life. Use this as an opportunity to see beyond the conscious mind's interpretation of your life. Grab some paper, a plate that fits comfortably in the center of that paper to use as a template, some markers or crayons, and click on the Maori image here to follow the instructions.



Kick Start Your EFT
Practice begins
November 2nd

Kick Start Your EFT Practice!

Last chance to listen to Steve Keough's Dynamic Business Plan in month one of our 6 month program.

Click here for more details
<http://www.tapyourpower.net/kick-start-your-eft-practice.html>



Washington EFT Tappers Gathering will include Ingrid Agnew from Spokane, Annabel Fisher from B.C. and Stephanie Eldringhoff from Seattle. There will be an open space session to share your ideas, tapping knowledge, stories, and more. Bring your business cards and network! Save the date 2/26/11. Registration begins next month at East West Books. All net proceeds go to EFT research. For more details and the origins of these Gatherings please visit [Washington EFT Tappers Gathering](#).

Manifestation Wheel and EFT in Portland This

This Month's Issue

Spontaneous Remission and EFT

Maori Circle Exercise

This Wednesday at 10 am Pac on Love Tap Radio - EFT for ED click [here to listen](#) If you'd like to email me a question related to either of these and remain anonymous, I will answer your questions on the show. [Email me here](#)

Manifestation Wheel in Portland.
Registration now open! January 22nd at Garden Sanctuary.
[Click here](#)

Next Month:
Tapping Audio for Holiday Stress

Previous Issue:
Cherie Scott's 10 Rules For Being Human

#1 Independently rated EFT practitioner 22 consecutive months

Manifestation Wheel and EFT in Portland This workshop has consistently sold out! Don't start your new year without it! 1/22/11
Registration now open
www.tapyourpower.net/mw.html

"You've made a believer out of me. I feel amazing, and light in spite of all the remaining uncertainties in my situation. I am taking action and moving forward and have virtually no fear as I do! Thank you!"W.H. Kent, United Kingdom

For free 15 min consultation or to request EFT Certified Training Workshops [click here](#)



Upcoming Live Events

Women's' Borrowing Benefits Group continues in Seattle at East West Books from 7-8:30pm We are trying to have this ongoing group meet every 4th Thursday with the exception of November. Drop-ins welcome. For details and to RSVP through MeetUp [site here](#)

Women in Transition Whidbey Meetup on Whidbey every 3rd Friday beginning 11-12:30pm RSVP [here](#)

Kick Start Your EFT Practice Last chance to register for the entire program! Annabel Fisher and I will be offering a special mentoring group for practitioners desiring a wait list practice. Clear blocks, masterfully navigate the world of internet marketing, use authentic marketing practice, establishing your niche and much much more. Twice monthly teleconferences, experts from different marketing specialties, and our mentoring. Begins November 2nd. For details click [here](#)

2011 EFT Training levels I and II in Florida, Washington State and possibly South Carolina. Specific dates and location to be announced soon