

TAPPING INTO
HEALTH, WEALTH, AND FREEDOM
ALINA FRANK, CERTIFIED EFT & MATRIX ENERGETICS PRACTITIONER



Acceptance for What Is

If you've ever had a life-altering change thrown unexpectedly your way you've experienced some level of disorientation. This stage usually comes after the change happened and after a certain amount of emptiness has been felt. Your old familiar comfortable life as you knew it is gone and after you've examined that big gaping hole, you feel lost.

Through tapping you can learn where the roots of these feeling are. Most assuredly they aren't new. Life itself is full of change and the EFT process can help you identify why these current feelings are overwhelming. EFT is also useful in "letting go" of outcomes during this phase. Most of us want more than anything to feel in control over what is happening in our lives and when we need to sit back and wait instead, fear takes hold.

[Disorientation Tapping Script here](#)

Washington Tappers Gathering Successfully Raised Thousands for EFT Gene Research!

Thanks to all who turned out to support the Gathering. The presenters were incredible as were all the attendees. We've taken a huge step forward in creating a really regional community here. I am proud to say the ACEP, AAMET, and EFTU were are well represented! If you'd like to offer suggestions for future gatherings and/or offer a review, please do so through this link. You can also join the Washington EFT Tappers Gathering Facebook Fan Page

[Please click here](#)



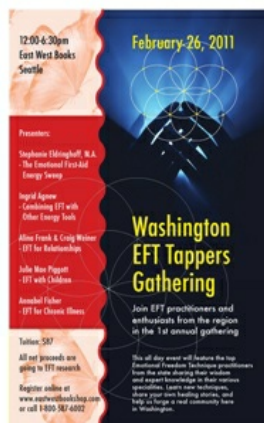
On Love Tap March 9th I am interviewing my friend Rob Nelson on [Transformational Divorce with EFT](#). In April look for a fascinating discussion on what's really going on in the EFT world with all the different certification bodies. In June Dawson Church will be my guest to commemorate the 1 year anniversary of Gary Craig's retirement. He will be talking about what's been done in the last year and exciting developments happening at EFTU. If you have a question you'd like addressed during that show, please send it to me. [My email](#).



March 12 and 13th Level I and March 19 and 20th Level 2 - Seattle [Click here to register](#)

Many of you know of my ongoing involvement in working with veterans. If you work with veterans and want to learn EFT to use with this population you may be eligible to receive \$150 off the tuition of the March Level 1 course. Please email Lisa Bacon for details lisa@eftuniverse.com

April 2 and 3rd Level 1 and April 9 and 10th Level 2 - Aventura, Florida [Click here to register](#)



This Month's Issue

Acceptance for What Is

Washington Tappers Gathering Raised Thousands!

EFT Certifying Workshops now open for registration

If you missed my live presentation on Matrix Reimprinting you can listen to it here

From Past Issues:

Phobias and Panic Attacks Know When to Address "Fear of the Fear"



For a free 15 minute

If you have reviewed the EFT Universe website and still have questions regarding the next steps towards certification please contact Lisa Bacon through lisa@EFTUniverse.com

I'll also be available for live in person sessions will in South Florida. Please email me to schedule your appointments between April 3-10th. [Email Alina](#)

consult please email [here](#)

Upcoming Live Events

Women's Borrowing Benefits Group continues in Seattle at East West Books from 7-8:30pm. Every 4th Thursday. For details and to RSVP through MeetUp [site here](#)

Women in Transition on Whidbey Meetup on Whidbey every 3rd Friday 11-12:30pm RSVP [here](#)