

TAPPING INTO
HEALTH, WEALTH, AND FREEDOM
ALINA FRANK, CERTIFIED EFT & MATRIX ENERGETICS PRACTITIONER



Reappraisal Success

Scenario #1: You've been dumped. Your heart is literally aching. You scan your brain replaying all the events that led to the end of the relationship.

Scenario #2: You've been laid-off. You can't sleep due to all the anxiety you are feeling. You think about how great the money was and now it's over.

Scenario #3: Your friend hasn't called you in months. You know she's avoiding your calls, and emails. You go out to dinner alone and see her at the restaurant happily chatting with a group of new friends. You feel so sick you can't finish your meal. On the way home you can't stop wondering what you did to turn her against you.

When we find ourselves stuck in this negative neural feedback loop with constant painful thoughts ruminating in our minds we can't think objectively about a loss. Maybe your boyfriend was really a rat-fink that no one thought was right for you. Maybe your money-making golden handcuff job was really set in a crappy environment. Maybe the woman you considered your best friend was never really there for you to begin with.

[Read the full article here](#)



Soul Retrieval vs. Matrix Reimprinting EFT

I'll be receiving my certification in Matrix Reimprinting (a form of EFT not to be confused with Matrix Energetics) in a few weeks. In many ways I've been doing very similar work using EFT since I started years ago. Many people have asked me to explain the difference between Soul Retrieval and Matrix Reimprinting since on the surface they may be perceived as similar modalities.

[Read the full article and view a short view on the unified field here](#)



Join me this coming Wednesday at 10 am Pacific when I interview fellow EFT U trainer Claudia Scheter. She is the creator of Chakra EFT and her talk will focus on the explaining what happens between the energy centers and our relationships. Don't miss this live show with a demonstration of her technique.

[Click here](#)



Jump Start Your EFT Practice starts again May 3rd

Are you a new EFT Practitioner, or an experienced EFT Practitioner wanting to take your practice to the next level? This program is for EFT Practitioners who want to market themselves authentically, feel confident asking for a fee they

This Month's Issue

Reappraisal Success

Soul Retrieval vs. MR

Upcoming Internet Radio Show

[EFT Workshops now open for registration](#)

From Past Issues:

[Blessing For Beauty](#)



"I was skeptical at first about the whole thing let alone about how it would work by phone but I am sold. Thank you. I feel like I got my

deserve, and become an expert in their field.

Read the details by visiting www.tapyourpower.net/Jump-Start-Your-EFT-Practice.html

To see my partner Annabel Fisher explain her own journey click [here](#)



Only 5 spots left! June Whidbey workshops Level I and II CEUs available for chiropractors, acupuncturists, naturopaths, massage therapists, and educators. [Click here to register](#)

If you have reviewed the EFT Universe website and still have questions regarding the next steps towards certification please contact Lisa Bacon through lisa@EFTUniverse.com

you, I feel like I got my juice back!" L. T. Hawaii

Rated #1 EFT practitioner over 25 months. To see reviews and testimonials [visit here](#)

For a free 15 minute consult please email [here](#)

Upcoming Live Events

Tapping Practice Day in May for graduates of EFTU training is full. The next practice day will be held in September.

Women's Borrowing Benefits Group continues in Seattle at East West Books from 7-8:30pm. Every 4th Thursday. For details and to RSVP through MeetUp [site here](#)

Women in Transition on Whidbey Meetup on Whidbey every 3rd Friday 11-12:30pm RSVP [here](#)